

# Ranger Relays

Schedule of Events

3-2-2013

**9:00 – Running Final – 3200 M Run**

**9:00 – Field Events: 4 attempts in all throws or jumps.**

**Order of Divisions in each event:**

Shot Put: Ring 1 – VB, JVB

Shot Put: Ring 2 – VG, JVG

High Jump: VG, VB, JVG, JVB

Pole Vault: VB, VG, JVB, JVG

TJ followed by LJ: Pit 1 (lower field) – VB

TJ followed by LJ: Pit 2 (lower field) – VG

**10:00 – Field Events**

TJ followed by LJ: Lane 6 (South end) – JVB

TJ followed by LJ: Lane 4 (South end) – JVG

**11:00 – Field Events: (or after varsity jumping is done)**

Discus: Ring 1 – VB, JVB

Discus: Ring 2 – VG, JVG

**12:00 – Running Finals:**

**Order of events:**

400 M Relay: JVG, VG, JVB, VB

800 M Run: JVG, VG, JVB, VB

100 M Hurdles: JVG, VG

110 M Hurdles: JVB, VB

100 M Dash: JVG, VG, JVB, VB

800 M Relay: JVG, VG, JVB, VB

400 M Dash: JVG, VG, JVB, VB

300 M Hurdles: JVG, VG, JVB, VB

200 M Dash: JVG, VG, JVB, VB

1600 M Run: JVG, VG, JVB, VB

1600 M Relay: JVG, VG, JVB, VB