

DISTRICT CHAMPIONSHIPS 16-5A TRACK MEET

Ticket prices per day will be \$4.00 Adults and \$2.00 Students

Dates: April 14-15-16, 2009

Location: Dragon Stadium, RRHS

Teams: Cedar Park, Georgetown, Leander, McNeil, Round Rock, Stony Point, Vista Ridge, Westwood

FIELD EVENTS

Tuesday 14th	Dis-1	Dis-2	SP-1	SP-2	HJ-1 (North)	HJ-2 (South)	PV	TJ	LJ
4:00	VB		VG		JVB	FG	JVG, FG, FB	VB	VG
4:30									
5:00						JVG			
5:30	JVB	FB	JVG	FG				JVB	JVG
6:00					VB		VG		
6:30									
7:00								FB	FG
7:30									
Wednesday 15th	Dis-1	Dis-2	SP-1	SP-2	HJ-1 (North)	HJ-2 (South)	PV	TJ	LJ
4:00	VG		VB		FB		JVB	VG	VB
4:30									
5:00									
5:30	JVG	FG	JVB	FB	VG			JVG	JVB
6:00							VB		
6:30									
7:00								FG	FB

Qualifying Prelims 5:00pm April 15, 2009

RUNNING ORDER: FG-JVG-VG-FB-JVB-VB

3200m - **Final**

100m/110m Hurdles

100m

400m

300m Hurdles

200m

1600m – **Final** (Fresh & JV only)

Finals 5:00pm April 16, 2009

RUNNING ORDER: FG-JVG-VG-FB-JVB-VB

4 x 100m Relay

800m

100m/110m Hurdles

100m

4 x 200m Relay

400m

300m Hurdles

200m

1600m (Varsity Only)

4 x 400m Relay

EXCHANGE ZONES:

4 x 100 RELAY - GOLD

4 X 200 RELAY - 1st & 2nd – GREEN – 3rd – GOLD

4 X 400 RELAY - BLUE